

Here's a detailed coaching plan tailored for NEET preparation at Paras Academy:

1. Program Overview

- **Duration:** Typically 1-2 years, depending on whether you are starting in Class 11 or 12.
- **Subjects:** Focus on Physics, Chemistry, and Biology.

2. Curriculum Structure

- **Syllabus Coverage:** Comprehensive coverage of the NEET syllabus based on NCERT and other relevant materials.
- **Daily Classes:** Regular classes focusing on concept building and problem-solving.
- **Weekly Tests:** Conduct weekly quizzes to assess understanding and retention.

3. Study Materials

- **Textbooks:** NCERT for Biology, standard reference books for Physics and Chemistry (e.g., H.C. Verma, O.P. Tandon).
- **Notes:** Provide concise notes for quick revision and key concept summaries.
- **Practice Papers:** Access to previous years' NEET papers and sample questions.

4. Teaching Methodology

- **Conceptual Learning:** Focus on understanding rather than rote memorization.
- **Interactive Sessions:** Encourage student participation through discussions and Q&A.
- **Doubt Clearing:** Regular sessions dedicated to resolving doubts and clarifying concepts.

5. Mock Tests and Assessment

- **Monthly Mock Tests:** Simulate the actual exam environment with full-length tests.
- **Performance Analysis:** Detailed analysis of mock test results to identify strengths and weaknesses.
- **Feedback Sessions:** Regular feedback on performance and improvement strategies.

6. Revision Plan

- **Structured Revision:** Designate specific periods for revision leading up to the exam.
- **Flashcards and Summaries:** Use flashcards for quick reviews of important concepts and formulas.
- **Group Study Sessions:** Encourage collaborative study for deeper understanding.

7. Time Management Skills

- **Study Schedule:** Create a personalized timetable balancing classes, self-study, and revision.
- **Exam Strategy:** Teach time management techniques for effectively tackling the exam.

8. Health and Wellbeing

- **Stress Management Workshops:** Conduct sessions on managing exam stress and anxiety.
- **Physical Wellbeing:** Encourage regular breaks and physical activity to maintain focus.

9. Parent Involvement

- **Regular Updates:** Keep parents informed about student progress and areas of improvement.
- **Parent-Teacher Meetings:** Schedule meetings to discuss student performance and strategies.

10. Final Month Strategy

- **Intensive Revision:** Focus on high-yield topics and problem areas.
- **Mock Tests:** Increase frequency of mock tests to build confidence and improve timing.

Sample Weekly Plan

- **Monday:** Physics (Mechanics), followed by a quiz.
- **Tuesday:** Chemistry (Organic Chemistry basics), doubt clearing session.
- **Wednesday:** Biology (Human Physiology), revision of previous topics.
- **Thursday:** Practice paper for all subjects.
- **Friday:** Group study session on challenging concepts.
- **Saturday:** Mock test with performance review.
- **Sunday:** Rest and light revision.

By following this structured coaching plan, students at Paras Academy can effectively prepare for NEET, build a strong foundation, and improve their chances of success.